

SEN Practitioner Course: A 12-Week Journey Into Therapeutic Practice

Designed after years of working alongside talented and dedicated practitioners, this 12-week introductory programme offers more than knowledge — it offers community. Delivered online in accessible 1.5-hour weekly sessions, each learner gains not only insight into Special Educational Needs and therapeutic practice, but direct access to a network of experienced experts ready to guide, challenge, and support them every step of the way.

12 Weeks

A structured, progressive journey building knowledge and confidence week by week

1.5 Hours

Focused weekly online sessions designed to fit around professional commitments

Expert Network

Access to a community of seasoned SEN practitioners and therapeutic specialists

At the heart of this programme is a deeply held belief: that in order to learn, a child must first feel safe. Our therapeutic philosophy is rooted in attachment theory and trauma-informed care, guided by the principle of **unconditional positive regard** — meeting every student exactly where they are, emotionally and developmentally. This is not simply a theoretical stance. It is the lived practice that shapes every interaction within our approach.

Regulation before learning. Connection before correction. These are not slogans — they are the principles that transform classrooms into places of genuine safety and growth.

Trained staff and course participants alike are invited to embrace a **'bottom-up' approach** grounded in robust psychological theory. Rather than beginning with curriculum demands, we begin with the nervous system — understanding that a dysregulated child cannot access learning, no matter how well-crafted the lesson plan. This relational, empathetic foundation ensures that every decision made in practice centres unwaveringly on the well-being of the child.

What You Will Learn: Curriculum, Theory & Transformative Practice

The SEN Practitioner Course is a comprehensive training programme purpose-built to bridge the frequently overlooked gap between psychological theory and hands-on therapeutic practice. Whether you are an educator, school support staff member, or an aspiring SEN specialist, this course equips you with the knowledge, frameworks, and practical strategies you need to make a meaningful, lasting difference in the lives of the children you work with.



Attachment Theory in Practice

Deeply explore how early attachment experiences shape a child's emotional world, behaviour, and capacity to learn — and how to build secure, therapeutic relationships that begin to repair that foundation.



Trauma-Informed Approaches

Understand the neurological and psychological impact of adverse childhood experiences, and develop robust, evidence-based strategies that respond with compassion rather than compliance-focused correction.



Supporting a Range of SEN

Build confident, practical knowledge across a broad spectrum of Special Educational Needs — from social, emotional, and mental health difficulties to neurodevelopmental conditions — enabling truly inclusive support.

Who This Course Is For

This programme is designed for anyone working with or aspiring to work with children in educational or therapeutic settings. No prior formal qualification in SEN is required — only a genuine commitment to relational, child-centred practice and a desire to grow.

→ Classroom Teachers & Teaching Assistants

Seeking deeper tools for emotional regulation support and inclusive practice within their existing roles.

→ School Support & Pastoral Staff

Wanting a strong theoretical grounding to complement the empathetic instincts they already bring to their work.

→ Aspiring SEN Practitioners

Ready to take a decisive step toward specialist practice with evidence-based, trauma-informed training at its core.

Your Learning Outcomes

By the close of this 12-week programme, participants will graduate as confident, highly skilled, and empathetic practitioners — equipped to apply therapeutic frameworks in real-world educational settings from day one.

01

Theoretical Mastery

A thorough grounding in attachment theory, trauma science, and psychological frameworks underpinning therapeutic practice.

02

Practical Strategies

Ready-to-use interventions for emotional regulation, well-being, and SEN support, grounded in proven methodology.

03

Lasting Confidence

The self-assurance to advocate for children, challenge unhelpful systems, and lead change within your setting.

- Our ultimate aim is to instil lasting confidence — empowering every graduate to become a skilled, empathetic, and highly effective advocate for the children in their care.